

Northcott Presents

Understanding and Supporting Children with Anxiety



Parents/carers, teachers, support workers and related professionals are invited to an informative and practical presentation designed to assist with the provision of appropriate, timely and comprehensive support for children demonstrating emotional and challenging behaviours.

The session will assist participants to understand:

- Emotional health and wellbeing in children
- Behavioural definitions of anxiety
- Anxiety disorders and co-occurring conditions (eg ASD, ADHD, OCD, Trauma, Learning Disorders)
- Impact of challenging behaviours on access and participation in education
- Tools to understand the function of behaviour
- Tools and strategies to develop emotional health and wellbeing in children

Case examples will be used throughout the workshop to build understanding. The workshop will conclude with an opportunity for questions and answers.

About the presenter:

Rebecca Ryan is a registered psychologist who works primarily with children and people with disability in Taree. Rebecca previously worked as the Manager and Senior Disability Advisor at the Australian National University in Canberra and as a National Disability Coordination Officer for the Australian Government. Prior to this Rebecca worked with the state government and provided psychology services to eligible clients.

Using a strengths-based approach Rebecca works with clients and families to develop plans which facilitate access and participation in whole-of-life activities.

WORKSHOP SCHEDULED

29th April (Wed)

9:00am – 3:00pm

Macleay Coast Christian Outreach
Centre

443 Pacific Highway

Kempsey

This is a FREE workshop

HURRY, PLACES ARE LIMITED!

RSVP: by 8TH April 2015

To register e-mail RSVP to:

bronwyn.monaghan@northcott.com.au

Phone: 6651 2366

Light Lunch provided

****Please advise special dietary needs
with RSVP**